

# KINDERGARTEN READY

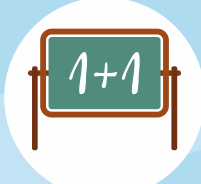
## 8 Tips to Help Your Child Prepare for Kindergarten



**Exploring Self Care**  
Encouraging independence builds confidence in children. Start small. Your child can practice zipping-up their jacket, putting on their shoes & cleaning up their toys.



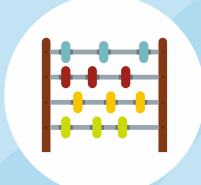
**Socializing**  
Providing different social opportunities, such as playdates, helps children learn important social skills.



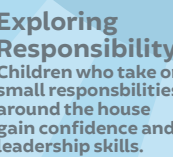
**Building Numeracy**  
Try counting and ordering (tall vs. small) every day items, like toys or utensils. Having fun while learning strengthens your relationship with your child & their numeracy skills.



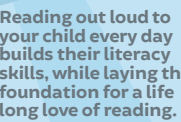
**Building Routine**  
A good night's sleep helps children ready for the next day's adventures. Consider having a consistent bed time.



**Exploring Counting**  
Words & movement help with counting. Try touching, pointing & moving objects as your child says the numbers out loud.



**Exploring Responsibility**  
Children who take on small responsibilities around the house gain confidence and leadership skills.



Reading out loud to your child every day builds their literacy skills, while laying the foundation for a life long love of reading.



**Exploring Art**  
Art experiences stimulate learning & are important in forming communication & thinking skills. Try something new!