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| Administrative Procedures Manual | Administrative Procedure 160 |
| | Appendix A |
| | Universal Precautions |
| | APPROVED: September 1, 2013 |
| Page 1 of 1 | AMENDED/REVIEWED: September 2019, March 2023 |
| LEGAL REFERENCE: | Section 11, 52, 53, 196, 197, 222 Education Act Occupational Health and Safety Act Worker's Compensation Act Occupational Health and Safety Code Occupational Health and Safety Regulation |

Background

Hygienic practices are required to minimize the risk of transmission of infectious diseases following contact with blood or other body fluids.

Procedures

1. Use dressings and tissues to minimize direct contact with blood, other body fluids and wounds.
2. When cleaning up body fluids, protective gloves are to be used.
3. If any part of the skin comes in contact with body fluids, it is to be immediately washed with a disinfectant or hot soapy water.
4. Appropriate disinfectants (e.g. 1:9 dilution of household bleach in water) shall be used in cleaning body fluids from floors, walls and clothing. Alberta Health Services can be contacted if there is doubt as to which disinfectants or cleansers are to be used.
5. The person doing the cleaning is to use disposable materials such as paper towels, if at all possible. If a mop is used it is to be rinsed in disinfectant before being used again.
6. All disposable articles soiled with body fluids (e.g. paper towels) are to be placed in a plastic container.
7. Non-disposable articles such as clothing and linens visibly soiled with blood or other body fluids are to be bagged or rinsed in cold water and then washed. The person who is rinsing the clothes is to wear necessary protective coverings.