

Administrative Procedures Manual	Administrative Procedure 160
	Appendix D
	Required Contents of First Aid Kits
	APPROVED: September 1, 2013
Page 1 of 3	AMENDED/REVIEWED: September 2019, March 2023
LEGAL REFERENCE:	Section 11, 52, 53, 196, 197, 222 Education Act Freedom of Information and Protection of Privacy Act Occupational Health and Safety Act Worker's Compensation Act Occupational Health and Safety Code Occupational Health and Safety Regulation

Type 1: Personal First Aid Kit	Quantity
Adhesive bandages, sterile, assorted (standard strip, large fingertip, knuckle, large patch)	16
Gauze pad, sterile individually wrapped, 7.6 x 7.6 cm (3 x 3 in)	6
Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 x 4 in)	2
Antiseptic wound cleansing towelette, individually wrapped	6
Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 x 40 x 56 in) 1	1
Biohazard waste disposal bag (single use)	1
Examination gloves, disposable, medical grade, one-size, non-latex, powder free	2 pairs
Adhesive tape 2.5 cm x 2.3 m (1 in x 2.5 yd)	1 roll
Antibiotic ointment, topical, single use	2
Conforming stretch bandage, relaxed length, individually wrapped, 5.1cm x 1.8 m (2 in x 2 yd)	1 roll
Hand/skin cleansing towelette, individually wrapped (or equivalent)	4
Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in)	1
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Type 2: Basic First Aid Kit	Quantity		
	Sm	Med	Lg
Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle, large patch)	25	50	100
Gauze pad, sterile individually wrapped, 7.6 x 7.6 cm (3 x 3 in)	12	24	48
Abdominal pad, sterile, individually wrapped, 12.7 x 22.9 cm (5 x 9 in)	1	2	2
Conforming stretch bandage, relaxed length, individually wrapped, 5.1 cm x 1.8 m (2 in x 2 yd)	1 roll	2 rolls	4 rolls
Conforming stretch bandage, relaxed length, individually wrapped, 7.6 cm x 1.8 m (3 in x 2 yd)	1 roll	2 rolls	4 rolls
Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 x 4 in)	2	4	8
Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 x 40 x 56 in)	2	4	8
Antiseptic wound cleansing towelette, individually wrapped	25	50	100
CPR resuscitation barrier device, with one-way valve	1	1	1
Examination gloves, disposable, medical grade, one-size, non-latex, powder free	4 pairs	8 pairs	16 pairs
Biohazard waste disposal bag, single use	1	2	2
Bandage scissors, stainless steel (with angled, blunt tip). minimum 14 cm (5.5 in)	1	1	1
Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in)	1	1	1
Contents list	1	1	1
Adhesive tape, 2.5 cm (1 in)	2.3m	4.6m	9.1m
Antibiotic ointment, topical, single use NEW	6	12	24
Hand/skin cleansing towelette, individually wrapped (or equivalent) NEW	6	12	24
Emergency blanket, aluminized, non-stretch polyester, minimum 132 x 213 cm (52 x 84 in) NEW	1	1	1
Type 2 kits are for basic first aid in low and medium risk work environments. Small kits are for two to 25 workers per shift; medium, 26 to 50 workers per shift; large, 51 to 100 workers per shift. Consult Tables 5, 6 and 7 in Schedule 2 of the Occupational Health and Safety Code directly to know what first aid kit is required at your work site.			

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Type 3: Intermediate First Aid Kit	Quantity		
	Sm	Med	Lg
Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle large patch)	25	50	100
Gauze pad, sterile individually wrapped, 7.6 x 7.6 cm (3 x 3 in)	12	24	48
Abdominal pad, sterile, individually wrapped, 12.7 x 22.9 cm (5 x 9 in)	1	2	2
Conforming stretch bandage, relaxed length, individually wrapped, 5.1 cm x 1.8 m (2 in x 2 yd)	1 roll	2 rolls	4 rolls
Conforming stretch bandage, relaxed length, individually wrapped, 7.6 cm x 1.8 m (3 in x 2 yd)	1 roll	2 rolls	4 rolls
Compress/pressure dressing with ties, sterile, 15.2 x 15.2 cm (6 x 6 in)	1	2	4
Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 x 40 x 56 in)	2	4	8
Adhesive tape 2.5 cm (1 in), quantity represents total length required.	2.3m (2.5yd)	4.6m (5yd)	9.1m (10yd)
Elastic support/compression bandage, 7.6 cm (3 in)	1	2	2
Eye dressing pad, sterile, and eye shield with elastic strap	2 sets	2 sets	4 sets
Antiseptic wound cleansing towelette, individually wrapped	25	50	100
CPR resuscitation barrier device, with one-way valve	1	1	1
Examination gloves, disposable, medical grade, one-size, non-latex, powder-free	4 pairs	8 pairs	16 pairs
Biohazard waste disposal bag, single use	1	4	8
Bandage scissors, stainless steel (with angled, blunt tip) minimum 14 cm (5.5 in)	1	1	1
Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in)	1	1	1
Splint, padded, malleable, minimum size 10.2 x 61 cm (4 x 24 in)	1	1	2
Contents list	1	1	1
Antibiotic ointment, topical, singular use NEW	6	12	24
Cold pack, instant (or equivalent) NEW	1	2	4
Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 x 4 in) NEW	1	2	4
Emergency blanket, aluminized, non-stretch polyester, minimum 132 x 213 cm (52 x 84 in) NEW	1	2	2
Gauze pad, sterile individually wrapped, 10.2 x 10.2 cm (4 x 4 in) NEW	6	12	24
Glucose tablets, 4 g (10 per package) or acceptable alternative NEW	1 pkg	2 pkg	2 pkg
Hand/skin cleansing towelette, individually wrapped (or equivalent) NEW	6	12	24
Non-adherent dressing, sterile, individually wrapped, 5.1 x 7.6 cm (2 x 3 in) NEW	4	8	16
Tourniquet, arterial NEW	1	1	1

Type 3 kits are for intermediate first aid in higher risk work environments. Small kits are for two to 25 workers per shift; medium, 26 to 50 workers per shift; large, 51 to 100 workers per shift. Consult Tables 5, 6 and 7 in Schedule 2 of the Occupational Health and Safety Code directly to know what first aid kit is required at your work site.